

2013 SACHEM WRESTLING CAMP REGISTRATION FORM - APPLY EARLY PLEASE PRINT NEATLY
 PRINT NAME: _____ AGE: _____ GRADE ENTERING _____ NEXT SEPT. 2013:
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE NUMBER: _____ CELL PHONE: _____
 SCHOOL NAME: _____
 I WISH TO ENROLL IN (CIRCLE): WK 1 (5 Day Camp) OR BOTH WK 2 (8 Day Camp) OR WK. 2 (3 Day Camp)
 I WILL BE ATTENDING THE FOLLOWING: (1) TRAIN WITH OLYMPIANS HIGH SCHOOL CAMP (2) MIDDLE SCHOOL TECHNIQUE CAMP
 (3) HALF-DAY YOUTH CAMP (4) FULL DAY YOUTH CAMP
 MY SHIRT SIZE IS: ADULT - S, M, L, XL, XXL CHILD (YOUTH) (YS) 6 - 8 (YM) 10 - 12, OR (YL) 14 - 16
 I HEREBY GIVE MY SON _____, PERMISSION TO PARTICIPATE & COMPETE IN THE SACHEM THREE-STYLE WRESTLING CAMP. I ASSUME FULL RE-
 SONSIBILITY & LIABILITY FOR ANY AND ALL INJURIES MY SON MAY SUSTAIN DURING CAMP. I UNDERSTAND THAT IN THE EVENT OF AN ACCIDENT OR INJURY, ONLY
 EMERGENCY MEDICAL CARE WILL BE PROVIDED & I HEREBY AUTHORIZE THE RENDERING OF SUCH MEDICAL CARE AS MAY BE REQUIRED.
 SIGNATURE OF PARENT OR GUARDIAN _____ Date: _____
 A \$25.00 NON-REFUNDABLE DEPOSIT, PAYABLE TO THE SACHEM THREE-STYLE WRESTLING CLUB MUST ACCOMPANY THIS REGISTRATION FORM.
 FAMILY E-MAIL ADDRESS: _____
 USA Wrestling Card Number: _____ Insurance Purposes: _____
 CAMP SITE: SACHEM NORTH HIGH SCHOOL
 SACHEM THREE STYLE WRESTLING CLUB C/O J. MAHONEY
 4 MOUNT RAINIER AVENUE
 FARMINGVILLE, NEW YORK 11738

Andy Seras Isaac Ramaswamy



Sammie Henson

Nate Carr



**SACHEM THREE STYLE
 WRESTLING CLUB C/O J. MAHONEY**
 4 MOUNT RAINIER AVENUE
 FARMINGVILLE, NEW YORK 11738

SACHEM WRESTLING CAMP
Train with Olympians Advanced Camp
SUMMER OF 2013



Sammie Henson ★ Nate Carr
NEW ⑤ Day Camp • June 24 – June 28
 ⑧ Day Camp • June 24 – July 3
 ③ Day Camp • July 1 – July 3

Sachem North High School
 Two Large Gyms • Wall to Wall Mats

“TRAINING CAMP”
for High School Wrestlers
4 Hours of Intense Technique & Training Sessions

Intra-Camp Dual Meet Tournament
 Daily Schedule: 9 – 11am:
 Session taught by Olympians
 11 – 11:30 Lunch Break
 11:30 – Completion: More from Olympians –
 Technique & Live Wrestling

Intra-Camp Matches Wrestled Daily
BOTH WEEKS **Olympians ★ NCAA Champs**
Team USA ★ Sachem Staff
 Andy Seras ★ Nick Gallo ★ Isaac Ramaswamy
 Sean O’Hara ★ Ray Pickersgill ★ John Aebly
 Chris Meehan ★ Dave Cruz ★ Matt Golini
 Dennis Seickel ★ Joe Scholz

More Information: www.longislandwrestling.com

SACHEM WRESTLING CAMP

Train with Olympians Advanced Camp

The Sachem Wrestling Camp offers young wrestlers the unique opportunity to meet and be coached by Olympians, NCAA Champions, Members of Team USA, All Americans, College Coaches and great High School coaches. Our Campers leave The Sachem Camp inspired to achieve GREATNESS! Our Campers have gone on to become All League Wrestlers, All County Wrestlers as well as HS All Americans and NCAA All Americans.

★ ★ ★ Camp Staff ★ ★ ★

Camp Director – Jack Mahoney

*Retired Head Wrestling Coach Sachem High School
National Wrestling Hall of Fame – 2005*

Sammie Henson

*2000 Olympic Silver Medalist
University of Missouri Assistant Coach
1999 World Champion*

Nate Carr

*3x NCAA Champion – Iowa State
1988 Olympic Bronze Medalist*

Andy Seras

*1994 World Cup Gold Medalist
2006 USA Olympic Greco Roman Coach*

Nick Gallo

*1977 NCAA Champion and OW
1976 & 1980 USA Olympic Freestyle Team*

Isaac Ramaswamy

*Pan American Games Silver Medalist
1994 & 1995 USA Greco National Champion*

Sean O'Hara

*Head Coach Sachem East High School
2006 League 1 Coach of the Year*

Ray Pickersgill

*Head Coach Sachem North High School
2009 League 2 Coach of the Year*

John Aebly

*Ass't Varsity Coach – Sachem North
3x Div. III All American*

YOUTH STAFF: Chris Meehan

Dave Cruz – League 1 JV Coach of Year
Matt Golini – League 2 JV Coach of Year
Joe Scholz – League 2 JV Coach of Year

Tuition:

Full Day Week 1 (5 Day Camp): \$230
2nd, 3rd Wrestler / Family Discount: Week 1: \$205

**Full Day Camp for the 2 Week Camper:
(8 Day Camp) \$355**
**2nd, 3rd Wrestler / Family Discount for
2 Week Wrestlers: \$325**

Full Day Week 2 (3 Day Camp): \$180
2nd, 3rd Wrestler / Family Discount: \$165

Youth Camp Tuition:

**Full Day Youth Campers Follow the
SAME TUITION Listed Above for Full Day**

Youth Half Day Campers Week 1 (5 Day): \$160
Youth Half Day Camp Week 2 (3 Day): \$100
Youth Half Day Campers 2 Week Wrestlers: \$250

**CAMP INSURANCE is that which comes with an
active USA CARD**

Sachem's Youth Wrestling Camp **Full Day or Half Day Options**

Daily Schedule:

Half Day: 9am – 12 Noon
9 – 10: Instruction
10 – 10:45: Snacks & Camp Games
10:45 ; 11:30: Instruction & Wrestling
11:30 – 12 Noon: Swimming &
Surf Board Instruction

Full Day Option: 12 Noon: Lunch
12:30 – 2pm:

More Instruction Wrestling • Games
2 – 2:30: 2nd Swimming Session

**ALL CAMP TOURNAMENT FOR MIDDLE SCHOOL
AND YOUTH CAMPS**
Friday, June 28th and Wednesday, July 3rd

Sachem's Middle School Technique

Daily Schedule:

9 – 11am: Technique Session / Staff
11 – 12:30: Lunch Break and Camp Games
12:30 – 2:30pm: Session Taught by Olympians
2:30 – 3pm: Swimming & Water Polo

AWARDS

1. MEDALS FOR ALL
TOURNAMENTS
2. SACHEM WRES-
TLING CAMP "STUD"
SHIRTS FOR TEAM
COMPETITIONS

REGISTRATION

A "SACHEM
WRESTLING CAMP"
SHIRT
WILL BE GIVEN TO
EACH WRESTLER
REGISTERED

FOR THE WRESTLERS OF:

SACHEM EAST ★ SACHEM NORTH

SAGAMORE ★ SAMOSET

SENECA ★ SEQUOYA

SACHEM'S KID WRESTLER CLUBS

Register Early And Get A Discount Tuition

**Send in your Application and Deposit before
June 1st, 2013**

To receive your team discount!

Five Day Camp - \$200 Week
June 24 - 28

Half Day Youth Camp - \$145 Week
June 24 - 28

Eight Day Camp - \$320
June 24 - July 3

Half Day Youth Camp - \$235
June 24 - July 3

NO Other Discounts Applied During This Time

**Team Discount Offer ENDS
on June 1st, 2013**

**After June 1st Refer Back to Fees
Listed on Application**

Go to: www.longislandwrestling.com